

Recycle-News-Haven

The NHSWRA Newsletter



April 23 & 24

Celebrate and Participate!

The New Haven Solid Waste & Recycling Authority is pleased to announce its involvement in Earth Day 2021, and encourages you to do so as well!

This year, we are promoting Recycling Awareness by focusing on how we can minimize our “foodprint” through reducing and composting waste.

The Authority is sponsoring a **RAFFLE** for New Haven citizens – Home Composting kits will be awarded to two grand prize winners! We will also have 2nd prizes: composting starter material or a kitchen composting bin. (see Flyer on next page for entry ticket and eligibility)

In appreciation of your efforts in waste diversion and recycling, we are offering a printable coupon (see Flyer on next page) for one **FREE drop-off** for residents to redeem at the New Haven Transfer Station, as well as extending our hours on April 23 and 24.

Set up a [Residential Permit Account](#) before April 30, 2021 and get a **Permit at reduced rates!**

The New Haven Solid Waste & Recycling Authority

Invites New Haven Residents to Celebrate



Take advantage of extended hours at the Transfer Station,
April 23 and 24, 2021
9AM - 3PM

FREE DROP-OFF
EARTH DAY 2021

Entitles the qualified bearer* to one FREE load at Residential Drop-Off bulky waste OR yard waste on April 23 or 24, 2021



COUPON

* Proof of residency is required. Non-Residents are welcome at the Transfer Station, however disposal charges will apply. This coupon is not valid for Construction and Demolition debris. One coupon per household. Hazardous waste products are not acceptable at the Transfer Station.

HOME COMPOST KIT RAFFLE!
EARTH DAY 2021

Entry registration for Home Composting Kit Raffle. Drop in box provided OR hand to attendant.

Full Name: _____
Address: _____
Email: _____



COUPON

* No purchase required. Entrants must be residents of New Haven. One entry per household

\$10 OFF on 1 year Residential Permit / \$35 OFF on 2 year Permit!
Residential Permits allow extended drop-off hours at the Transfer Station every weekday, and the convenience of an account that can be added to and viewed online.

To learn more or sign up:
Contact 203.691.5374 (office) or go to www.nhswra.com



Earth Day 2021

FOODPRINT.. What is it and

Why Do We Need to Know? ---



The ecological impact of growing, producing, transporting, storing and disposal of our food is called the *foodprint*.

Worldwide, the foodprint is currently 1/4 of all greenhouse gas emissions, 3/4 of freshwater use, and 3/4 of global water pollution. The United States consumes 25% of world energy, so it is a major contributor to these figures. About 40% of our food (almost half) is *wasted!* Americans throw out 200,000 tons of *edible* food daily – that translates to about 1,500 lbs. per household yearly. So there is a lot of room for improvement!

In addition to producing CO₂ from being processed and delivered to you, wasted food causes *more* CO₂ and methane in landfills. Presently, 25% of garbage in landfills consists of food waste. This number could be reduced greatly, even completely, with proper conservation, buying habits and post-consumption processing. And the amount of CO₂ in our atmosphere is directly related to how well (or poorly) we do these things.

Here are the basic steps we can take to reduce our foodprint:

Getting our food

Community Supported Agriculture (CSA's)

The typical CSA farm uses almost no packaging, and members bring their own reusable bags and containers to transport items home, whereas supermarkets largely use Styrofoam and plastics-based packaging, which causes excess CO₂ emissions in manufacture and more in transport costs.

Also, there is a great reduction in energy needed for distribution because CSA's are local to you.

The CSA includes a 'proper' ratio of vegetables to dairy and meat, so you will eat healthier and foodprint will automatically be reduced

Eating more fish (translation: less meat) is another great way to reduce emissions at the source, AND is healthier for you.

CSF's (community supported fisheries) which are now available in CT, operate on the same model as CSA's.

Storing our food

Once we get our food, how much of it and how we store it is key to conservation. Do you find that you end up with spoiled food every week? Consider reducing your purchases accordingly. Create an inventory, see how much you actually consume, and buy only that amount. This will help the inventory of money that stays in your wallet as well! Also, buy dry goods in bulk, as this saves in packaging and your cost to transport. Do you store your food correctly? Consider putting your recent purchases in the back of your fridge and even your freezer, and consuming from the front. Put perishables in jars or freeze immediately for longer shelf-life.



Eating our food

Keep your serving sizes realistic. For example, if one of your family members consistently leaves food on the plate, adjust their portions accordingly.

It is worthwhile to note also that in making our diet more healthy, we would be significantly reducing our food print: Coincidentally, red meat is less healthy and its production produces the most greenhouse gasses. So going from red meat to poultry and fish, and a more plant-based diet just makes sense.

Disposing of our food

What we do with 'leftovers' is vital. Here (in this order) are the ways we can greatly reduce our collective foodprint at the end of our meals

- immediately refrigerate leftovers and put them in the FRONT of your refrigerator or freeze them
- donate unopened food to shelters / foodbanks / food rescue operations
- use opened food as feed for livestock (making sure it's appropriate to the animals you are feeding)
- **compost** remaining food (home composting or composting service – see article in our last issue for more on this)

All of these actions seem simple, and most likely won't disrupt your life. But being human, we need to establish new routines, and that takes a little planning and happens over time. The benefits, however, are many, so it is well worth it for your wallet, your health and our planet!



Earth Day 2021 Other Events

For more information on worldwide events and this year's themes, visit <https://www.earthday.org/earth-day-2021/>

Earth Day Events in New Haven:

Rock to Rock Earth Day bike ride, April 24

<https://www.raceentry.com/rock-to-rock-earth-day-bike-ride/race-information>



Resources

City of New Haven meeting schedule:

<https://newhaven-ct.legistar.com/Calendar.aspx>

New Haven Public Works info:

Resident Services:

Spring is at the doorstep. Once again, leaf bags and yard waste will dot the curb. Residents are reminded as April begins, Trash and Recycling will pick up leaf bags that are paper, compostable, contain no branches, dirt or rocks and placed out at the curb on your day of your refuse collection. Yard waste will only be picked up at the curb IF branches are 4 feet in length and tied in bundles not exceeding 1 foot in diameter. Residents also have the option of delivering unbundled yard waste to the Residential Waste Center with free coupons picked up with a valid id at Residents Office, 34 Middletown Avenue Monday- Friday 7 – 4pm.

A MESSAGE FROM PUBLIC WORKS

“As **Street Sweeping Season 2021** is about to roll out on April 1, we want to make sure all residents are aware of the subtle changes the department has initiated. Weighing our residents’ feedback, the city’s new non-tow policy, and the operations capabilities, we have been able to find a more effective and efficient way to operate in all our city’s neighborhoods. For this upcoming season, street sweeping operations will occur monthly on a routine schedule throughout all 14 neighborhood routes. Operations will also run through November 30, 2021.

April, 2021

[Public works message – cont'd] – “May we encourage you to read the city website and sign-up for Emergency Notifications announcing the monthly operations in their neighborhood. You will also need to be aware of **No Parking Paper Postings** on each route and to move your car off the street if you want to avoid receiving a **\$100.00 ticket**. If you check our Street Sweeping page on the website, you will find our season schedule which can be downloaded or if you’d rather call us we can mail you a copy. Here is the link to the page: <https://www.newhavenct.gov/streetsweeping.htm>

As always, any questions give us a call at (203) 946-7700. We have been experiencing heavy call volume but if you leave your name and phone number with question we will get back to you. If you would like a street sweeping schedule mailed to you, just leave your address and we will send it out.”

Remember you can always report Public Works issues at **See Click Fix** found on New Haven City website (see “Links,” below).

Links:

What’s New Page- https://www.newhavenct.gov/gov/depts/pw/whats_new_.htm
New Haven Public Works- <https://www.newhavenct.gov/gov/depts/pw/>
See Click Fix- <https://seeclickfix.com/new-haven>

NHSWRA contact info and link:



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