

# Recycling Guide

## What's **IN**?

## What's **OUT**?



PAPER

Cardboard & boxboard  
Food & beverage cartons  
Junk mail  
Magazines & newspaper inserts  
Newsprint  
Office paper  
Pizza boxes

Gift wrap & gift bags  
Ice cream containers  
Paper cups (hot & cold)  
Shredded paper \*  
Take-out food containers  
Tissue paper

Connecticut now has a universal list of what belongs in your recycling bin and what doesn't. All items should be **empty, rinsed, clean and open**. Do **not** shred, box, bag or bundle material.

Be **IN** the know.

It's important to understand why some items are **OUT**!

Visit [www.hrra.org](http://www.hrra.org) for more information.

Use the recycling search tool on the HRRRA home page for items not listed.

Learn more about where you can recycle clean dry plastic bags, shredded paper and other items such as electronic waste, mattresses, paint and thermostats. Yes they all can be recycled (**not** in your curb side bin!) but know where and how by visiting [www.hrra.org](http://www.hrra.org) site.

Sign-up for a free composting class or see if your town offers a food scrap drop-off.

See when the next Household Hazardous Waste Event will be held.

Discover the best practices for the disposal of medical waste, construction and demolition debris, bulky furniture, white goods, textiles and more.

GLASS

Beverage bottles & jars  
Food bottles & jars

Ceramic mugs & plates  
Drinking glasses

METAL

Aerosol containers (food grade only)  
Aluminum foil  
Cans & bottles  
Foil containers  
Metal lids from cans & bottles

Aerosol containers (deodorizers, cleaners, pesticides, etc.)  
Foil tops from yogurt containers  
Paint cans  
Pots & Pans  
Small pieces of scrap metal  
Spiral wound containers

PLASTIC

Plastic bottles (with or without caps attached)  
Plastic containers, tubs & lids  
Plastic one-use cups (no lids, no straws)

Loose bottle caps  
Plastic bags & wrap \*  
Plastic plates, bowls & utensils  
Prescription bottles  
Single-use coffee containers  
Styrofoam cups, containers & packaging peanuts  
Water filters

\* Check your local recycling center for a separate container for shredded paper and plastic bags. These items are recycled separately ONLY at a recycling center. They do **not** go in your curbside bin.

The Housatonic Resources Recovery Authority is a regional, governmental, waste management and recycling authority serving 11 municipalities in Western Connecticut including Bethel, Bridgewater, Brookfield, Danbury, Kent, New Fairfield, New Milford, Newtown, Redding, Ridgefield and Sherman.

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